



## About the New Hampshire Council on Developmental Disabilities

### Mission

- We are dedicated to dignity, full rights of citizenship, cultural diversity, equal opportunities and full participation for all NH citizens with developmental disabilities.
- The Council carries out its mission through education, advocacy and the funding of innovative projects that make a difference in the lives of NH citizens with developmental disabilities.
- Most of our work is accomplished through collaboration with other groups and organizations that have a similar vision of community inclusion and integration for individuals with intellectual and developmental disabilities in NH.

### DD ACT

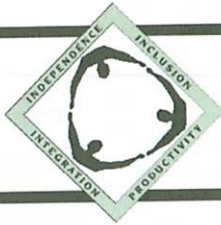
- The Council was created through Federal legislation known as the Developmental Disabilities Assistance and Bill of Rights Act (DD Act).
- The New Hampshire Council on Developmental Disabilities is a 100% federally funded agency that supports public policies and initiatives that remove barriers and promote opportunities in all areas of life for people with developmental disabilities.
- We are a minimum allotment State and our allotments are based on the congressionally approved Federal budget.

### Council Membership

- The Council has at least 21 members. By law, 60% of our membership must be individuals with developmental disabilities and/or parents or guardians of individuals with developmental disabilities.
- There are also mandated agency seats including, the Bureau of Developmental Services, DOE Vocational Rehabilitation, DOE Special Education, the Institute on Disability at UNH, the Disability Rights Center-NH, the Department of Elderly and Adult Services, the Private Provider Network (service providers), New Hampshire Family Voices, and a non-profit supporting people with disabilities.
- Members are volunteers appointed by the Governor for three-year terms.

### Five year plan

- The Council is charged with identifying the most pressing needs in the developmental disabilities community and then developing a State Plan every five years to establish specific goals, objectives and strategies to address those needs.
- Our current plan focusses on "Quality of Life" and "Advocacy and Training" as overarching goals intended to improve the lives of people with disabilities in NH.
- The Council regularly collaborates on, and distributes small grants for projects, trainings, and conferences that address goals identified in the State Plan.
- In addition, the Council provides small grants to individuals and families impacted by disabilities, which support personal educational and employment needs
- We occasionally have the ability to provide larger grants for "demonstration" projects or activities as described in the DD Act through the State's RFP process.



NEW HAMPSHIRE COUNCIL ON  
DEVELOPMENTAL DISABILITIES

## 2021-2026 5 Year Plan

The New Hampshire Council on Developmental Disabilities (NHCCDD) develops and follows a State Plan every five years to establish specific goals, objectives and strategies to address the most important issues affecting people with developmental disabilities in New Hampshire. In the next five years, the Council plans to focus primarily on these two issues, with the goal always being to remove barriers and promote opportunities in all areas of life for people with developmental disabilities.



Quality of Life

Advocacy and  
Training



## Quality of Life

Address the barriers to  
daily life

Community  
Policy  
Practice

Quality Services

## Advocacy and Training

Strengthen civic engagement  
and advocacy

Self Advocacy  
Leadership  
Peer-Mentoring

Public Policy

Access to  
Information

Equitable Education



## **5 YR Plan 2021-2026**

Public surveys, listening sessions, personal interviews, and other input from individuals with intellectual and/or developmental disabilities (ID/DD), their families, and other stakeholders directed a majority of the New Hampshire Council on Developmental Disabilities 2021-2026 State Plan. Also considered in the plan development, was the Council's overall focus to build capacity for community inclusion, advocacy, and systemic change that improves the lived experiences of all people with disabilities and their families. The Council will work in the following two goal areas over the next five years to meet this focus:

**Goal 1: Quality of Life**

**Goal 2: Advocacy and Training**

### **Unserved and Underserved Communities**

The Council has identified groups who face additional obstacles beyond those faced by individuals with intellectual and/or developmental disabilities in general. Therefore, embedded in all of the NHCDD goal areas is a commitment to historically unserved and underserved populations including but not limited to;

Individuals with ID/DD and their families who

- are from racial and ethnically diverse backgrounds, including immigrants and refugees
- express themselves using a language other than English
- express themselves using sign language
- do not use their voice to communicate
- have intensive support needs
- identify as LGBTQ+
- are aging (60 years and older)
- live in rural communities

## 2021-2026 NH Council on Developmental Disabilities State Plan

### Goal 1: Quality of Life

The NHCDD will work to address the barriers to the daily life of all diverse individuals with ID/DD, family members, and caregivers to improve the lived experiences of people with ID/DD.

**Objective 1:** The Council in collaboration with disability, aging and other organizations will support the development or improvement of a minimum of 12 community-based programs, policies or practices that promote inclusion of all people with ID/DD in all aspects of community life.

1. By 2026, the NHCDD will work to build capacity that supports community-based living for all individuals with ID/DD by reducing barriers to housing, transportation, and other infrastructure through identifying and supporting initiatives that address obstacles faced by geographically diverse communities.
2. By 2026, the number of employed individuals with ID/DD will be increased, with a focus on the following skill development areas: competitive employment, inclusive supported employment, internships, and pathways to promotion, employment sustainability, work-based learning opportunities, and inclusive post-secondary education.
3. By 2026, the NHCDD will work to decrease barriers to community life for all individuals with ID/DD in the areas of social integration, meaningful relationships, sexual health, inclusive equity-based education, and acceptance of differences.

**Objective 2:** The NHCDD will collaborate with the New Hampshire development disabilities network to increase access to quality services in the home and community for all individuals with ID/DD, families, and caregivers.

1. By 2026, the NHCDD will work to increase support through education and training to direct support providers who assist all individuals who experience ID/DD, including Paraprofessionals, Direct Support Professionals, Caregivers, and families.
2. By 2026, the NHCDD will work to increase the number of training, education, and outreach initiatives that focus on making community

living person-centered in ways that support choice and responsibility in the areas of health and wellness.

## **Goal 2: Civic Engagement and Advocacy**

The NHCDD will work to strengthen the civic engagement and advocacy of and by all diverse individuals with ID/DD and family members.

**Objective 1:** The NHCDD will work to increase the number of self-advocates and leaders with ID/DD by strengthening self-advocacy organizations led by individuals with ID/DD, supporting and expanding opportunities for development of leadership skills, providing opportunities for self-advocate peer training and participation in cross-disability, culturally diverse leadership organizations.

**Objective 2:** The NHCDD will work to build stronger relationships with policy makers by engaging in legislative and administrative education. The Council will provide training and information in best and promising practices to inform policies that have a positive impact on the lives of all individuals with ID/DD and their families across the lifespan.

**Objective 3:** The NHCDD will collaborate with the New Hampshire developmental disabilities network, including our federal DD partners, to reduce barriers that all individuals with ID/DD face regarding access to information and education throughout the life span. The NHCDD will use and support language which is culturally and linguistically competent and that is accessible via technology, plain language, and interpreters.

**Objective 4:** The NHCDD will work to decrease disparities that exist for all students of color who experience ID/DD in accessing equitable education by supporting increased awareness and initiatives to reduce barriers.



New Hampshire  
**Council on Developmental Disabilities**

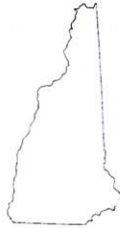


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# A POWERFUL PARTNER IN CHANGE



The New Hampshire Council on Developmental Disabilities develops and follows a State Plan of specific goals, objectives and strategies to address the most important issues affecting people with developmental disabilities in the state. In the next five years, the Council plans to focus primarily on: children's issues, quality of life, personal choice, and access to quality services. The overarching goal is always to remove barriers and promote opportunities in all areas of life for people with developmental disabilities.



With a Council membership of at least 21, one third are persons with developmental disabilities, one third are family members/guardians and one third are representatives of agencies that support the disabilities community.

The five Standing Committees, which include Policy, Finance, Member Relations, Program & Planning and Executive are committed to advancing the 5-Year Plan. When emerging needs arise, workgroups are formed to address specific and timely topics.

## About the DD Council

- ◆ Councils were created by the Federal law known as the DD Act. (The Developmental Disabilities and Bill of Rights Act, 2000).
- ◆ There is a DD Council in every State and Territory of the US.
- ◆ The DD Act also created the P&A (DRC) and UCEDD (IOD)
- ◆ A 100% federally funded state agency
- ◆ Supports public policies and initiatives that remove barriers and promote opportunities in all areas of life for people with DD
- ◆ We do this through advocacy, capacity building and systems change work
- ◆ We collaborate with other entities (and provide grants) since we do not provide direct services



The New Hampshire Council on Developmental Disabilities is Dedicated to **dignity, full rights of citizenship, cultural diversity, equal opportunities, and full participation** for all New Hampshire citizens with developmental disabilities.

## Dignity

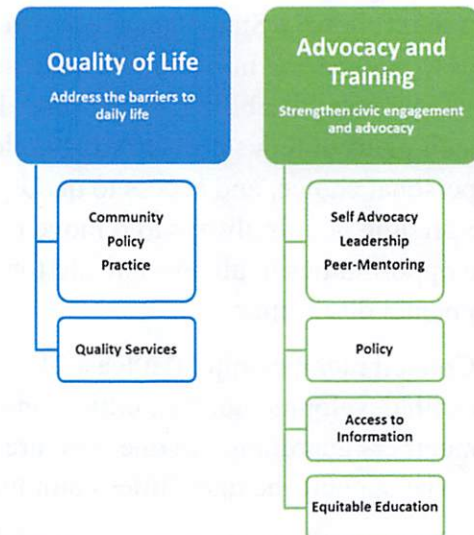
- ◆ The Council has been involved in replacing undignified words in New Hampshire’s laws: “Retarded” changed to “persons with disabilities”; “Incapacitated” changed to “vulnerable”
- ◆ During the past 25+ years, the Council has educated over 5,000 DSPs about how to treat the people that they work for with dignity and respect.
- ◆ In 2014 the Council worked with the local Protection and Advocacy agency to pass Senate Bill 396, which amends the 2010 law dealing with seclusions and restraint of children with disabilities.
- ◆ Council members/staff worked with resource officers around the country and participated in projects aimed at solving the issues of bullying and school safety.

## Full Rights of Citizenship

- ◆ Council staff advised the Self-Advocacy Leadership Team (SALT) in translating the Adult Protective Services law so that people with disabilities can better understand their rights.
- ◆ Every year, the Council collaborates with the IOD/UCED to deliver the NH Leadership Training (Partners In Policy), preparing people with disabilities and their family members to engage in legislative advocacy work.
- ◆ The Council led development of statewide guidelines for Functional Needs Emergency Preparedness.
- ◆ The Council supports efforts to ensure that adults with developmental disabilities are able to exercise their right to vote.

## Supported Projects

- ◆ **Publications**
  - ◆ Stepping Stone NH
  - ◆ Disability RAPP
- ◆ **Events and Activities**
  - ◆ NH Leadership Series
  - ◆ Family Support Conference
  - ◆ Direct Support Prof. (DSP) Conference
  - ◆ DSP Appreciation Week
  - ◆ Employment Leadership Awards
- ◆ **Grants and Scholarships**
  - ◆ Personal Education and Leadership Development Program
  - ◆ Community & Education Programs
  - ◆ Employment & Higher Ed./Training
  - ◆ Emerging Needs
- ◆ **Demonstration Grants**
  - ◆ Expanding the Public Health Workforce
  - ◆ Supported Decision Making



### NH Facts and Figures

Total Population in NH	1,314,875
Population with a Disability in NH	165,149 12%

Population Employed w/o Disability	82.2%
Population Employed with a Disability	42.0%